

Why Bariatrics in Costa Rica?

Our staff counts with the best-qualified Bariatric and laparoscopic surgeons in the nation who were the responsible for introducing the Laparoscopic Gastric Bypass and the Laparoscopic Adjustable Gastric Band Gastroplasty in Costa Rica. Dr. Suárez is the most reconized Bariatric and Laparoscopic surgeon in the country with the greatest number of surgical cases performed; he has been the pioneer in advanced and complex laparoscopic surgeries and educating other surgeons in these fields in Costa Rica as well as other Central American countries.

We are the only group in Costa Rica that has a Nurse Coordinator that is in charge of providing our patients with an integral attention to their illness.

Objectives of Bariatric Surgery

The objectives of Bariatric Surgery are to obtain a weight loss of at least 50% of the excess weight and to be able to keep the weight off. These outcomes are expected in 70% of all those who undergo the procedure. The significant weight loss will greatly improve or bring to remission the comorbidities that the person had with the excess weight.

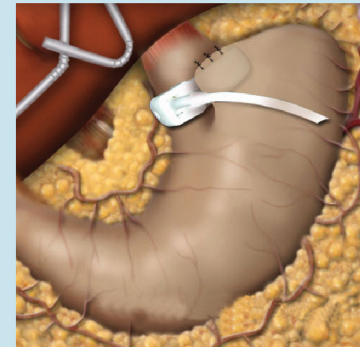
Gastric Bypass

The Gastric Bypass is the mixed Bariatric surgical procedure that is most frequently performed for the surgical treatment of obesity. The stomach is divided creating a small pouch and leaving the rest of the stomach isolated (remnant stomach). Later the small intestine is cut and reconnected with the stomach creating a common limb where the nutrients begin to be absorbed.



Adjustable Gastric Band

Some of the advantages that the Adjustable Gastric Band has are that it is a less aggressive procedure than the others because there is no need for cutting any organ or reconnections (anastomosis), reducing the risk of leakage.



Sleeve Gastrectomy

This procedure consists in performing a subtotal resection of the stomach or a subtotal gastrectomy, we use this procedure for patients with specific indication, either as a one step surgery or as a two-step surgery for super obese patients.



Guillermo Suarez Castro

General Surgery since 1991
Bariatrics and Minimally Invasive Surgery since 2000

Medical Societies



IFSO
International Federation
for the Surgery of Obesity



ASMBS American Society for
Metabolic & Bariatric Surgery



ALACE

Latin American Society of
Endoscopic Surgeons
2001- present

Asociacion Costarricense de
Cirugía
Costarican Surgery Asocia-
tion
1995- present

Languages

Fluent in Spanish
Advance Level English &
Japanese